Make Choice Village

MakeChoice.org

Bringing out the best of you

My Choice = My Future

Let us start with a question to CHATGPT



How can humans change their future



Humans can change their future by taking action in the present to create a different outcome. This involves being intentional about the choices we make, setting goals and taking steps towards achieving them, and being open to learning and growth. One of the most important ways that we can change our future is by taking responsibility for our lives and our circumstances. This means acknowledging that we have agency and control over our own lives, and that we can make choices that will shape our future in a positive way. It also means being proactive in seeking out opportunities for personal and professional development, and being willing to take risks and step outside of our comfort zones in order to achieve our goals. By adopting a growth mindset, embracing change, and staying focused on our goals, we can create a future that is aligned with our values and aspirations.

Choosing the right path increases the probability of a better future

Make Choice Village: A place where your mind learns to make better choices for a better life

Problem:

In modern society, the focus is on <u>treating</u> mental health issues after they have already developed, rather than <u>preventing</u> them proactively.

While these treatments are important for individuals who are already struggling with mental health issues, they <u>do not address the root causes</u> of the problem.



By <u>shifting focus to prevention</u> and addressing issues that contribute to poor mental health, we can create a more equitable and supportive society for everyone.

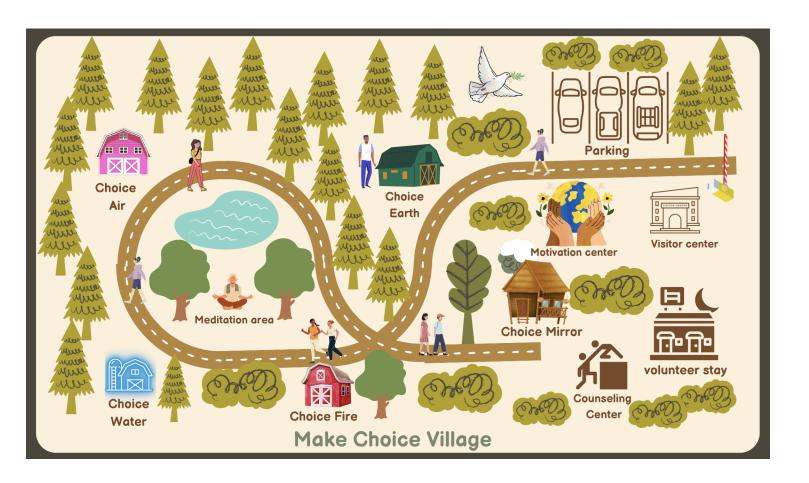
Solution

Welcome to "Make choice village," a unique and inspiring park designed to help people learn to make better choices in life.

Situated in a beautiful natural setting, this park is not just a typical recreational spot, but also a place of learning, growth, and personal development.

Here, visitors can explore a wide range of activities, programs, and resources that aim to stimulate your core mind and improve mental well-being, enhance personal growth, and cultivate a sense of positivity.

Make choice village has something for everyone. So come and join us in this journey towards a better future!



Visitor Center

As you enter, you will be greeted at the visitor center, here you can find schedules of all the activities and information about the village. This would also act as an event center for holding any events like classes, seminars.

- Legos of life Mastering key skills to be successful
- Best things to learn from other cultures and religions
- Breaking addiction phone, sugar, drugs
- Life skills keeping you step ahead of Al

Motivation Center

On the left is the motivation center. You can learn from stories of people who transformed their lives as they made the right choices in their life. You will find epitomized learnings of leaders like Gandhi, Martin Luther King, Jack Ma, Stephen R Covey, Mark Cuban, Barack Obama, Steve Jobs, Einstein etc. and stories from all around the world helping you to connect your story or your life journey with those.



People choose one of the below options:

- 1. You know what you want: You decide what you want to be, what is important for you, what are your north stars in life money, family, peace, friends, success. Example if you choose "money," your experiences in choice huts would be to help your mind focus into money positive thinking.
- You are not sure what you want: Even if you do not know what you want, it is OK, we will explore together
 to help identify the best pathways for your life. For example, you believe in some leader like Obama or Elon
 Musk and want to start following their footsteps.
- 3. You have a tough past / present: We understand, you may be going through some tough time or have a troubled past; you can share those concerns here and we can customize your experience to move out of those situations and share strategies what truly worked with people who were in same shoes as yours
- 4. **Know more about yourself:** Take one of the world's fastest and most accurate personality tests, learn about what are you best career options are, what type of people you would bond with. What are your strong points? You can mediate in our peaceful ambience. consult with specialists regarding your personality profile.
- 5. **Compatibility**: Families, Friends or Corporate teams can come to the village to find and improve compatibility among each other

Based on your questions, concerns, aspirations you would be given a smart card which you can be used in the village to help you achieve your goals

Choice huts

Coming out of the motivation center, as you walk a few steps ahead are the choice huts.

Activities in each hut (Air/Water/Fire/Earth) are <u>dynamically adjusted to meet your goals</u> selected in motivation center.

Here you would be exposed to various audio, visual, AR, VR mind stimulating experiences and hands on activities.

All these experiences are customized for you and range from 5 to 30 minutes each.

Choice Mirror

Once you have been to all the choice huts, you can enter the choice mirror hut.

Here, you will be able to see the results of your experiences and the choices you have made in the choice huts.

Based on data from makechoice.org, and your own experiences you will be able to carve out a path for your better future

Counseling center

Here you have access to Choice RX framework for knowing the choices people like you made which helped them resolve this issue. You can make a note of this on post-it and see if they would work for you. When you come to the "Make choice village" next time, you can mark which choices worked for you and which did not.

Choice Rx has choices from people all over the world which links problems and the choices made to overcome those problems. Choice Rx gives you real choices and solutions which have helped with people like your true personality.

Come to village to learn

choices

which worked for "people like you"

who were stuck in "situation like yours"

Doctors, coaches, and trained volunteers are ready to help you. If you wish to meet any one of them, you can meet them in the counseling center or later connect to them via telehealth portal.

You would be able to take home a report of your progress which shows quantitatively your improvement in the direction you want to go. You can also share your results with your doctor or therapist. Your data is always anonymous, and we never ask for your personal details, so this is a place for your own personal growth.

Some of the healthcare providers working with "Make Choice Village" are:

- Diablo Valley Health Group
- badonibehavioral.com
- Trusted-Doctor.com
- Laughteryogafun.com
- Bayhomecareservices.com
- PlannedParenthood.org
- Cchealth.org
- Ochin.org
- Pittsburg Health Center
- Bass Medical Group
- Antioch Health Center
- Brentwood Heath Center
- Concord Health Center
- Iiva Health
- Slatan Ranch Care
- First Babtist Family Center

Tech partners:

• Guru Experience – Provider of Audio/Visual experiences at Space Center Houston, USS Midway, San Diego Museum of Art, US Capitol and more

Some of the companies which have supported us by giving grants:

- Adobe
- Amazon
- App Lovin
- Box
- Cisco
- Cadence
- Google
- Facebook
- Fiverr
- Microsoft
- Monday.com
- PayPal
- Salesforce
- Stripe
- Twillio